**Basketball Acronym Assignment**

**Acronym**- a [word](http://dictionary.reference.com/browse/word) formed from the initial letters or groups of letters of words in a set phrase or series of words and pronounced as a separate word. ***Acronyms are often used to help teach or remember a skill or information.***

Example:

B- body/balance athletic stance

E- eyes looking into the basket

E-elbow 90 degree

F-follow through into the cookie jar

You're a basketball Coach and your athletes are having a challenging time remembering the correct technique for various skills; which has been affecting their team performance.   
  
The Acronym B-E-E-F has been used in practice and has worked well in helping the athletes practice *their shooting technique.* As a Coach create a poster to be hung in the gymnasium of an Acronym for any ***one*** of the following skills: Chest Pass, Bounce Pass, Overhead Pass, Control Dribble, and Speed Dribble.

**Choose** **ONE** of the following skills that we have learned, discussed, and practiced in the basketball unit. Pick out the points that *you* think are **most important** for someone to remember. The skills you may choose from are: Control Dribble, Speed Dribble, Chest Pass, Bounce Pass, Overhead Pass

The assignment is due **\_\_\_\_\_\_\_\_\_\_\_** at the start of class. If you have any questions about the assignment or want to run ideas by me you are encouraged to email me [stitus@conval.edu](mailto:stitus@conval.edu) or ask me before/after class.

Your acronym should be **neatly** and **creatively** presented on an 8 ½ X 11 paper. I am hoping to display student work of this unit on bulletin board. *Do you want your work up there? Follow the Rubric below.*

Skill key points:

**Control Dribble-** Keep head up, dribble ball close to body, waist level or lower, dribble ball off finger pads, strong wrist, use body to protect the ball.

**Speed Dribble-** Keep head up, Push ball out in front and run after it, push the dribble forward at waist level, dribble ball off the pads of your fingers, use body, non dribbling hand to protect.

**Chest Pass-** Locate target, ball in front of chest, step in the direction of the pass, extend arms, force wrist and fingers through the ball, release ball with fingers, follow through with arms extended, fingers pointing to target, thumbs pointing down.

**Bounce Pass-** Locate target, Hold ball at waist level, maintain balanced stance, step in the direction of the pas, extend arms, force wrist and fingers through ball, release ball, follow through with arms extended, fingers pointing to target, thumbs pointing down.

**Overhead Pass-** Locate target, maintain balanced stance, hold ball above forehead, step in the direction of the pass, flex wrist and fingers, release ball of fingers, follow through with arms extended, fingers pointing to target, palms down.

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| **Rubric:** | **Points:** | **Points Earned:** |
| Students name is neatly written on the bottom left hand corner | 5 pts. |  |
| The skill chosen is neatly written at the top of the paper | 5 pts. |  |
| The assignment is free of spelling and grammatical errors | 10 pts. |  |
| The Acronym created possesses key points of the skills | 15 pts. |  |
| The acronym has a description for each letter as shown in the example | 15 pts. |  |
| Students’ acronym forms a word or phrase | 10 pts. |  |
| Student’s acronym is presented in a neat manner | 5 pts. |  |
| Students acronym is presented using color & creativity | 5 pts. |  |
| **TOTAL:** | **70 pts.** |  |