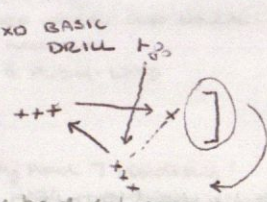
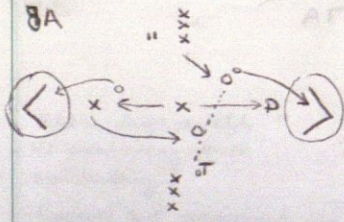


Teacher Ms. Titus

Lesson Plans

	Grade 8:35-9:20	Grade 9:20-10:05	Grade 10:50-11:35	Grade
	Subject PER 1	Subject PER 2	Subject PER 3	Subject PER 4
Monday	<p><u>8A Lacrosse</u></p> <p>WARM-UP INTRO D/E - cradle + scoop ACTIVITIES CD</p> <p>great job! really did a nice job. Stayed on task - Wilson + Dillon [DUDS]</p>	<p><u>8A</u></p> <p>+ RULE never pick-up ball w/ hands 5 PUSH-UPS</p> <p>only had 7 students! did well, Courtney dodged nicely. Had trouble with her scoop.</p>	<p><u>7B</u></p> <p>"</p> <p>Wow - GROW-UP. Joseph, cannot stay on task. Brendan, Dylan, Cole not following directions</p> <p>EXPECTATIONS: on time, listen on task, follow directions</p>	<p><u>6B</u></p> <p>"</p> <p>did well. told them my expectations in the beginning and how disappointed I was w/ the 7B class.</p>
Tuesday	<p>Sarah Porter 1/2</p> <p><u>REVIEW</u> LOCOMOTOR skills What is? DEMO/EX HIGH FIVE WARM-UP GENERAL CLASS ASSESSMENT MUSICAL PANCAKES CD</p> <p>Overall did well, good listening. NOAH* (keep eye on) NEED WORK: LEAP, HOP, SKIP, GALLOP</p>	<p>Sarah Porter 3/4</p> <p><u>Lax</u></p> <p>WHAT IS? WHO KNOWS? - explain cradle - HOLD STICK → check for understanding</p> <p>MUSICAL PC LAX TAG CD</p> <p>did well, THEY KNOW IM SERIOUS [TA] Colby - funny. good job!</p>		
Wednesday	<p><u>5F</u></p> <p><u>Lax</u></p> <p>"</p> <p>3/27</p>			<p><u>5G</u></p> <p><u>Lax 2</u></p> <p>REVIEW cradle/scoop WU 1/2 and 1/2 D/E PASS + CATCH - give</p> <p>Progression: toss-bounce-catch toss-catch MOD LAX T against wall CD</p>
Thursday	<p><u>Locomotor Skill Acworth</u></p> <p>What is? 1/2 Demo/Explain HIGH-FIVE WARM-UP GENERAL CLASS ASSESSMENT BEAN BAG SHUFFLE - each student is a dif skill - Trade on whistle Punnie Pick-up + CD class was overall good excited for activity</p>	<p><u>Lax</u></p> <p>3/4 WHAT IS? WHO KNOWS? - explain cradle - hold stick → check for under.</p> <p>PRACTICE ACTIVITY LAX TAG</p> <p>It was so cold! yikes. Had to adjust. Stopped after a bit so students hands weren't exposed. WHAT TIME IS IT MR. FOX?</p>		<p><u>5F</u></p> <p><u>Lax 2</u></p> <p>REVIEW cradle/scoop WU 1/2 and 1/2 D/E PASS + CATCH - give</p> <p>Progression: toss-bounce-catch toss-catch against wall MOD LAX T Toss-CATCH + Back up CD</p>
Friday	<p><u>8A Lacrosse 2</u></p> <p>review cradle/scoop WU lines / LAX TAG D/E PASS - CATCH - give</p> <p>Practice Activities Closing Activities CD</p> <p>did so well w/ passing + catching. Happy. loved w/ lacrosse ring</p>	<p><u>8B</u></p> <p>"</p> <p>also did well w/ passing and catching. Cooper got annoyed w/ the push-ups OWELL SHANNETT DID WELL FOR HER 1ST LESSON</p>	<p><u>7B</u></p> <p>"</p>	<p><u>6B</u></p> <p>"</p>

	Grade 8:35-9:20	Grade 9:20-10:05	Grade 10:05-10:50	Grade 10:50-11:35
	Subject PER 1	Subject PER 2	Subject PER 3	Subject PER 4
Monday	<p>8A Lacrosse 3</p> <p>warm-up - clothes pin tag and lines</p> <p>D/E shooting Defense + offense</p> <p>PA shooting</p> <p>C drill / game</p> <p>CD</p> <p>[NO ENERGY]</p> <p>half the class was missing! had 7 students need to review.</p>	<p>8A</p> <p>XO BASIC DRILL 1-3</p>  <p>only had 6! crazy they did so well - called D/O more than the 1st period</p>	<p>7B</p> <p>D - picks up ground ball passes to O then slides in to become X</p> <p>O - catches pass, cradles down, tries take the shot retrieves ball</p> <p>SWITCH LINES</p> <p>Did well - did the offensive drill well. really listening! Wahoo!</p>	<p>6B</p> <p>"</p>
Tuesday	<p>Sarah Porter 1/2</p> <p>Locomotor skill 2</p> <p>REVIEW DE</p> <p>Follow The leader</p> <p>LEAPING</p> <p>THE HUNGRY CRAB</p> <p>CD</p> <p>muscular / cardio End</p> <p>Students did well until the end got a little out of control. following rules</p> <p>8:45-9:25</p>	<p>Sarah Porter 3/4</p> <p>NO CLASS</p> <p>presentation</p> <p>9:25-10:05</p>		
Wednesday	NO CLASSES - FIELD TRIP			
Thursday	<p>Locomotor skill 2</p> <p>Acworth 1/2</p> <p>3/4</p> <p>Review cradle/scoop</p> <p>WU - clothes pin tag</p> <p>D/E PASS + CATCH</p> <p>Toss to SCIF</p> <p>Toss w/ PARTNER</p> <p>Impaired.</p> <p>Very challenged by pass + catching. Finished w/ lax tag. some listening + arguing</p> <p>9:35-9:20</p> <p>Did well - such a good group. cold morning enjoyed</p> <p>9-9:35</p>			
Friday	<p>8A Lacrosse 4</p> <p>WU - line drills</p> <p>review - SHOOTING (rotation)</p> <p>OFFENSE</p> <p>DEFENSE</p> <p>1 up - TRANSITION GAME</p> <p>Positions</p> <p>WU job w/ possession drill. Reviewed good warm-ups relatively on base</p>	<p>8A</p> <p>"</p>  <p>Once the shot is taken turn + get back</p> <p>Had fun. def in a goofy mood! played well</p>	<p>7B</p> <p>"</p> <p>I was very happy w/ this class! did well. moved well - NICE JOB!</p> <p>listened well</p>	<p>6B</p> <p>"</p> <p>Did well - overall impressed</p> <p>THERE IS SOME maybe is a little more sensitive to mistakes</p> <p>Didn't get to work on checking</p>

For the Week Beginning

Grade	Grade	Grade	Grade
Subject	Subject	Subject	Subject
PER 5	PER 6	PER 7	
LUNCH DUTY 11:35-11:55	6A " <p>Good job - using new sticks It's going to take some time for students to get use to but it's a better transition</p>	7A " <p>Again - nice job Had a lot of energy for this pin tag!</p>	
5G 12-12:45 <u>Lax 3</u> WU - clothes pin tag line drills SHOOTING/OFF/D PRACTICE BASIC DRILL Asked since they've never played. Poor listening skills difficulty following directions	1H 1:10-1:50 <u>Locomotor Skill 2</u> " <p>class went very well students listened was good.</p>	2B 1:50-2:30 <u>Locomotor Skill 2</u> " <p>Much better. really set out those expectations</p>	
	3T 1:10-1:50 INTRO What is it? who knows? - explain holding + cradle MUSICAL PANCAKES	4M 1:50-2:30 <u>Lax</u> LAX TAG use music Cardio Pas. End CD	
5F 12-12:45 <u>Lax 3</u> WU - clothes pin tag line drills SHOOTING practice WOW. HOLY TROUBLE FOLLOWING DIRECTIONS didn't talk about OD or do closing drill	KC 1:10-1:50 <u>Locomotor Skill 2</u> WU - push-ups leaps + sit ups Stretching Loco review follow the leader leaping CD	KH 1:50-2:30 <u>Locomotor Skill 2</u> did well! 😊 What time is it? KIC explains leap HS like CIAP CLAP	
	6A " <p>Kimmy got real upset + frustrated at team who was playing defense class did well</p>	7A " <p>Luke P has to tone it down + focus on making good passes instead of being a star Ht the team</p>	

	Grade Subject PER 1	Grade Subject PER 2	Grade Subject PER 3	Grade Subject PER 4
Monday	<p>8A Lacrosse 5</p> <p>WU-line drills Rules + Positions</p> <p>GAME PLAY handout</p> <p>HW read-quiz on Friday</p> <p>Bulletin Board</p>	<p>8B "</p> <p>FACE OFFS / DRAW</p> <p>AHACK, MID, DEF, GOALIE</p> <p>review checking defense offense</p>	<p>7B "</p> <p>open w/ 1 up transition game</p>	<p>6B "</p>
Tuesday	<p>Sarah Porter 1/2</p> <p>Locomotor Skill 3</p> <p>WU- what is flexibility Review LOCO Mix Match Activity Stuck in the mud MUSIC Good explanation of FLEX</p> <p>1 edited hearing them describe did well w/ activity shapes and had fun.</p> <p>8:45-9:25</p>	<p>Sarah Porter 3/4</p> <p>Lox 2</p> <p>WU- push ups sit ups stretches</p> <p>REVIEW- CRADLE SCOOP DIE PASS + CATCH</p> <p>did a nice job small group many used hands but a lot of go</p> <p>9:25-10:05</p>		
Wednesday	<p>5F Lox 4</p> <p>had a great deal of difficulty following directions.</p> <p>Numerous students were late to class. WASTED students need TIME to use their brains</p> <p>listen + thinking = challenge.</p>			<p>5G Lox 5</p> <p>QUIZ TRANSITION GAME GD</p> <p>did well getting quiet for quiz. Some of the language may not have been appropriate "critical" "component" (?) one outside played transition game well.</p>
Thursday	<p>Locomotor Skill 3 1/2</p> <p>Snake Tag BEAR-FISH-FLY</p> <p>WU- stretch what is flex? STUCK IN THE MUD</p> <p>class was great. gave them a 5 grade is too cute. Finally some good weather</p> <p>9-9:35</p>	<p>Deborah Lox 3 3/4</p> <p>WU- push, sit, JJ LAX Follow the leader</p> <p>REVIEW LAX SKILLS CRADLE, SCOOP, PASS, CATCH</p> <p>Partner Passing Shooting Rotation BEAR-FISH-FLY</p> <p>9:35-10:20</p>	<p>Deborah 3/4 class started out very well. I complimented them even. About 1/2 way through in class during the shooting activity leading to following directions diminished game - NO BRAIN, FOCUS! B- gave me attitude was that about importance of following direction is sec. challenge.</p>	
Friday	<p>8A Lacrosse 6</p> <p>WU-line drills</p> <p>QUIZ discuss directions</p> <p>GAME PLAY</p>	<p>8B "</p>	<p>7B "</p>	<p>6B "</p>

For the Week Beginning

Teacher

Grade	Grade	Grade	Grade
Subject	Subject	Subject	Subject
PER 5	6A " open w/ 1 up transition game	7A "	
5G <u>Lex 4</u> did a much better job of listening! Took awhile to put together the idea of the transition game GAVE HANDOUT QUIZ TOMORROW	1H 1:10-1:50 <u>Locomotor skill 3</u> discussed shapes + flexibility in both classes. did a nice job good group. improved new Hexagon + rhombus	2B 1:10-50 <u>Locomotor skill 3</u> Still need continued work on listening + following directions Screaming was an issue gave a challenge to line-up w/ a word	
	3T 1:10-1:50 <u>Lex 2</u> Class did both very well with listening directions group had a lot of fun w/ follow the leader also had classes change partners WU: LAX follow the leader Pushups, sit ups, JJ EXPLORE TIME cradles, SQUAT, two catch REVIEW, PARTNER PASS LAX TAG	4M 1:50-2:30 It was interesting to have a class w/ lack w/o the aid. Overall did well having one-one time w/ him while not ignoring the group	
5F <u>Lex 5</u> "	KC 1:10-1:50 <u>Locomotor skill 3</u> WU: PUSH-UPS/SIT UPS/STRETCH MATCHING GAME discussion Class did a nice job following directions + engaged listening to them describe	KH 1:50-2:30 <u>Locomotor skill 3</u> It took a lot longer for this group to find matches "I" instead of "we" Rec had a bad day	
	6A	7A	