

Grade	PER 1	HS	Grade	PER 2	HS	Grade	PER 3	HS	Grade
Subject	FH/SPD		Subject	FH/SPD		Subject	FH/SPD		Subject
Monday	WARM-UP * Observe Ms Kav		WARM-UP agility + dynamic WHAT? WHY? > INTRO 5 MIN snuffles grape vine hug knees - hug knee Quad hold - butt kicks arm circles Hug yourself / Hug world Stretch it out.		TRANSITION Divide students up into teams CONCEPTS TRIANGLE = OPTIONS if you create options you can create success DEMO w/ STUDENTS GAME PLAY WANT TO SEE Δ! all rules still apply		NOTES PER 2 Good energy - enjoyed warm-up ALYSSA BREWER, longer shorts		NOTES PER 3 HAYDEN NEEDS XL PINNIE Kenya - give her a pat on the back for dressing only needs 1 quarter try and form a good connection
	NOTES PER 1 good class w/ students gives a nice round Explain what a dynamic warm-up is!								
Tuesday	MS. KAV Observe I actually got to play because of the #'s if worked out.		INTRO HANDOUTS EXAMS FH, last day SPEEDBALL TEAMS 2 teams 1-4 rotation 5-8 9-2 etc. students arrange #'s of their choosing		THINGS TO KEEP IN MIND who likes goalie? want to be w/ your friend who are your stronger players PLAY - HALF TIME - 'closing ceremony' switch #'s MVP MOST IMP. Sides		NOTES PER 2 ALYSSA 100% BETTER SHOOTS THEY LOVE PRIZES had them 'drum roll' by stamping their feet - very enthusiastic! MVP - Seanna MOST IM - SARAH		NOTES PER 3 Had them cheering for their teams. Look more energy from me to get them excited HAYDEN + DEAGON = good / pos. April did well talk to Morgan + Emma about hot back 'healing'!
	NOTES PER 1: MVP + Most Impressed								
Wednesday	1ST CO-ED DAY OF THE QUARTER Observe intro team management officiating		DIVIDE STUDENTS INTO TEAMS + get pinnies EX: T • Speedball - FT, SOC, BB • POINTS • DRIBBLE • TRANSITIONS hand → foot foot → hand • TEAM TRANSITION, 3 WINS = BREAK		GAME PLAY ORGANIZATION GOAL 1st HUSKIES TOUCHDOWN 2 pts KICK OFF GOALIE GO HUSKIES 3 pts = W Beachers		NOTES PER 2 / PER 3 Interesting to see the girls work w/ the boys. Most girls grades went down by a number from the day before. Whistle was good - keep track of the points a little better FEEDBACK: good whistle, good overall control of the class. Students listened		
	NOTES PER 1: INTRO - examples examples visuals, visuals								
Thursday	MS KAV Observe REVIEW KEY POINTS/CONCEPTS TO CLASS REVIEW YESTERDAY ORGANIZATION		DIVIDE STUDENTS INTO TEAMS + get pinnies EX: • Yesterday, nice job what I expect for today... → BACK OFF IN THE CORNER → GOALIE, MOVE BALL UP → HELP TEAM IN ENZONE → KICK OFF • TEAM TRANSITION		"		NOTES PER 2: BIRDS MUCH MORE TIMED NOT MOVING AROUND MUCH BOYS PICKED UP INTENSITY Whitney = 2 unexcused (NO) DETENTION MONDAY		NOTES PER 3: Same thing with this class. April didn't have her friends today, so she walked around NOT EXCEPTABLE. Ms Kav sent to office after a chat. DETENTION MONDAY
	NOTES PER 1: Speed of the game has picked up. Boys are faster, girls more timid								
Friday	MS KAV Observe HANDOUT CO-ED DAYS WARM-UP, TEAM TAG		DIVIDE INTO TEAMS INTRO → handouts speedball co-ed days • GET INTO ENZONE • GET INVOLVED WARM-UP Team tag ENERGY		REVIEW RULES/CONCEPTS Kick off goalie / box in-out in-out END-ZONE 1/2 COURT DIMENSIONS		NOTES PER 2: KNOW STUDENTS, KNOW WHAT STUDENTS WHO NEED MORE DIRECTION, go to end-zone, look up for pass, use feet ETC. ANGEL, MELODY, STEPH SMITH		NOTES PER 3: ASHEY MAYBE, MIC, APRIL HAYDEN Amy Morrow was escorted to class 'did good' (5) "... DID YOU KNOW, THAT GIRLS ARE JUST NATURALLY SMARTER THAN GUYS?" - 8th grade girl
	NOTES PER 1: a little slow moving get involved like Ms. Kav get up energy levels								

For the Week Beginning FEBRUARY 6-10

Grade	Grade PER 6 MS	Grade PER 7 MS	Grade PER 8
Subject	Subject FH/SPD	Subject FH/SPD	Subject D. MASON
<p>NOTES PER 6</p> <p>Good burst up some chatter</p> <p>TORI BROOK ANAST</p> <p>↓</p> <p>SHORTS</p> <p>NOTES PER 7</p> <p>SHORT SHORTS</p> <p>regain focus between agility line</p>	<p>WARM-UP</p> <p>agility + dynamic</p> <p>WHAT? > INTRO</p> <p>WHY?</p> <ul style="list-style-type: none"> SPREAD OUT ROOM MORE LAPS? <p>Steps</p> <p>goals</p> <p>shuffle</p> <p>grape vine</p> <p>high knees</p> <p>butt kick</p> <p>lunge/squat</p> <p>arm circle</p> <p>hey yourself/work</p> <p>STAR JUMPS</p>	<p>TRANSITION</p> <p>divide students</p> <ul style="list-style-type: none"> team of 5 can have someone rotate out taking a long to score do a count down <p>CONCEPTS - Simplify</p> <p>LTR</p> <p>OPTIONS</p> <p>GAME PLAY</p> <p>NO HIGH STICK!</p> <p>penalty box</p>	<p>KICKBALL</p> <p>w/ Wilson Panery</p> <ul style="list-style-type: none"> floor hockey too much liability w/a substitute
<p>NOTES PER 6</p> <p>great sportsmanship</p> <p>girls (6+7) enjoyed making their own #'s good job w/ it</p> <p>NOTES PER 7</p> <p>JOCKEY - TSHIRT</p> <p>SAM MAURICE change out</p> <p>good communication</p>	<p>INTRO</p> <p>clothing?</p> <p>Handouts!</p> <p>EXAM</p> <p>Last day FH</p> <p>SPEEDBALL</p> <p>TEAMS</p> <p>EXPLAIN EXPLAIN</p> <p>divide evenly + assign #'s</p> <p>[second half let them do own]</p> <p>Have the discussion about who when position who's strong</p>	<p>THINGS TO KEEP IN MIND</p> <p>GAME PLAY:</p> <ul style="list-style-type: none"> good passes thinking, teenager + communication <p>NO HIGH STICKING</p> <p>PLAY - HALF TIME - CLOSING CEREMONY</p> <p>check for team</p> <p>pay attention</p> <p>MOST IMPROVED</p> <p>↓</p> <p>Prize</p>	<p>FH</p> <p>last day for them boys have stricter high stick rules however, I think that they should have a similar 2 vs. 1 rule like the girls</p>
<p>NOTES PER 6/7</p> <p>Took students at this level much longer to understand the game.</p> <p>Directions - examples helped.</p> <ul style="list-style-type: none"> very important make teams even got SASSY BY ANASTASIA FOR HER CLOTHES heard her talking to her friends "Ms. TITUS, BLAH BLAH." <p>offered def. shorts 2nd round</p>	<p>OUTLINE MS</p> <ul style="list-style-type: none"> DIVIDE PINNIES SPEEDBALL POINTS DRIZBLE TRANSITION ROTATE <p>explain w/ visuals</p>		<p>CO-ED SPDBALL</p> <p>did introduction</p> <p>felt a little nervous because of the big class and they weren't my students + the class I just need to slow it down but my voice was good + I had good organization.</p>
<p>NOTES PER 6/7</p> <p>SLOW MOVING</p> <p>Yulet was hoping for better today.</p> <p>MADDY/AMANDA SHOW</p> <p>girls did well</p> <p>summer has got to move</p> <p>Sen Bagster, MOPE</p> <p>SAM MAURICE BROUGHT AN EXTRA TSHIRT, WANG!</p>	<p>DIVIDE STUDENTS INTO TEAMS</p> <p>even..</p> <ul style="list-style-type: none"> yesterday, nice job what I expect today? → BACK OFF IN CORNER → GOALIE, MOVE BALL UP → HELP TEAM IN ENZONE → KICK-OFF <p>TEAM TRANSITION</p>		<p>CO-ED SPDBALL</p>
<p>NOTES PER 6/7</p> <p>Speedball is a lot for the middle school students to process</p> <p>HAD TO STOP CLASS - ASK GIRLS TO THINK. When I blew the whistle today I let girls have RE-DOS</p> <p>Feedback:</p> <p>Good tag demo - EXPLAIN</p> <p>kept game moving</p> <p>good example</p>	<p>DIVIDE INTO TEAMS</p> <p>INTRO -</p> <p>Handouts, hand to them [LAST TIME...]</p> <p>Spoon Feed</p> <p>WARM-UP</p> <p>Team Tag - Freeze</p> <p>Safe tags, high five</p> <p>SPEEDBALL</p> <p>NEW DIMENSIONS</p> <p>RULES</p> <p>DISCUSS CO-ED</p>	<p>HALF GYM</p> <p>Wall</p>	<p>SPDBALL</p> <p>Talked w/ guys after class how to behave on wed day.</p> <p>"LESS LIKE ANIMALS MORE LIKE HUMANS"</p>

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	Subject SPD / PB	Subject SPD / PB	Subject SPD / PB	Subject								
Monday	<p>COED</p> <ul style="list-style-type: none"> Present/review quickly Organize Officiate ↳ be clear be direct DON'T HAVE A CONVERSATION <p>NOTES PER 1:</p> <p>was good, minimal talking - I had good control over the class</p> <p>GOALS PAY ATTENTION, meg money</p>	<p>DIVIDE STUDENTS INTO TEAMS + get partners</p> <p>SPEEDBALL</p> <ul style="list-style-type: none"> ↳ last day expectations good passing communication control <p>↳ KICK-OFF [forward]</p> <p>INDIRECT THROWS [NO SCORING]</p> <p>HANDS TO FEET</p> <p>Rotations: 3 WINS = BREAK 3 pts = W</p>	<p>GAME ORGANIZATION</p> <p>2/8/12</p> <p>* GOALS NEED TO BE ALERT</p>	<p>NOTES PER 2:</p> <p>Sciph did great today in coed, good movement but couldn't catch KODOS FOR KEEP TRYING!</p> <p>BE DIRECT, ITS MY CALL.</p> <p>NOTES PER 3:</p> <p>APRIL did great, had a job PASSED BACK + FORTH w/ a GUN UP THE COURT.</p> <p>HAYDEN GOT A TOUCHDOWN!</p> <p>Surround these girls w/ positive people.</p>								
Tuesday	<p>CO-ED</p> <p>Observe Ms. Kav and Dave Sontag</p> <p>NOTES PER 1:</p> <p>Organize organize</p> <p>Talk slowly/clearly</p> <p>circulate for assistance</p>	<p>ORGANIZE STUDENTS partners, school bus</p> <p>PICK A FRIEND</p> <table border="1"> <tr><td>BB</td><td>bb</td></tr> <tr><td>BB</td><td>bb</td></tr> <tr><td>BB</td><td>bb</td></tr> <tr><td>BB</td><td>bb</td></tr> </table> <p>HUSKIES</p> <p>PICKLEBALL</p> <ul style="list-style-type: none"> COURTS 1-6, explain rotation. SAME FOR FUTURE UNITS PICKLEBALL, ITS LIKE 'LIFE SIZE PINGPONG' 	BB	bb	BB	bb	BB	bb	BB	bb	<ul style="list-style-type: none"> SERVING, let BOUNCE RALLY SCORING ↳ SIDE OUT ↳ SERVER ROTATES SIDES HITS the line = FAIR 3min games ↳ tie, 1st to SCORE the point + moves on 	<p>NOTES PER 2+3:</p> <p>isn't having a set rotation students understand where they need to go w/o a discussion</p> <p>GET A FOX 40 - getting made fun of.</p> <p>allow them to work w/ partners of their choosing</p>
BB	bb											
BB	bb											
BB	bb											
BB	bb											
Wednesday	<p>CO-ED</p> <p>NOTES PER 1:</p> <p>SPOKE well, FORGOT TO DISCUSS SWITCHING THE SERVER</p> <p>everyone did well good effort + attitude on all accounts</p>	<p>ORGANIZE STUDENTS partners, school bus</p> <p>PICKLEBALL</p> <ul style="list-style-type: none"> rotation calling out the ball rotate the server <p>3MIN GAMES, WINNER MOVES ON</p>	<p>DOORS GYM ORGANIZATION</p> <p>LOSERS GET REASSIGNED TO A COURT, OR WAIT ON BLEACHERS</p>	<p>NOTES PER 2+3:</p> <p>BE CLEAR + CONSIDER due well moving quickly into game play.</p> <p>BOYS ARE HAVING A GOOD DAY!</p> <p>Things are motivated socially</p> <p>"CAN I GO TO THE BATHROOM?" - yes (5MIN)</p> <p>"CAN I GO TO THE BATHROOM?" "EMILY" - NO? you just went take later</p>								
Thursday	<p>PICKLE BALL</p> <p>Observe/assist MS. KAV</p> <p>circulate</p> <p>NOTES PER 1:</p> <p>timed about trying to put spin on the ball</p> <p>encourage, praise for doing + FOR TRYING!</p>	<p>INTRO</p> <ul style="list-style-type: none"> HANDOUTS Questions ↳ last 2 days anything come-up in game play? <p>+ DON'T LET THE BOYS TAKE ADV.</p> <p>SPIN</p> <p>TOP SPIN TAIL SPIN</p> <p>BACK SPIN</p> <p>"Give it / pull it"</p> <p>↳ PRACTICE (3min x 2)</p> <p>ORGANIZE GAME PLAY</p> <p>COURT 1 = WINNERS COURT</p>	<p>HALF GYM ORGANIZATION</p> <p>wall</p> <p>COURT 3 COURT 2 COURT 1</p> <p>wait to be assigned</p> <p>back wall HUSKIES</p>	<p>NOTES PER 2:</p> <p>make the questions real to them</p> <p>"DON'T LET THE GUYS TAKE ADVANTAGE OF YOU IN A GAME - CAUSE THEY WILL"</p> <p>- best possible questions</p> <p>NOTES PER 3:</p> <p>Better questions</p> <p>circulated + good involvement in the game.</p> <p>AMY MONROE - NICE JOB!</p>								
Friday	<p>MIXED DOUBLES PICKLEBALL</p> <p>organize students</p> <p>LOCKERROOM QUOTES:</p> <p>"I THOUGHT HE WAS GOING TO BE MEAN TO ME, BUT HE WAS ACTUALLY REALLY NICE"</p> <p>"HE WAS SO AWKWARD AROUND ME LIKE HE DIDN'T WANT TO MESS UP AROUND ME"</p> <p>"IDIDN'T WANT TO BE PARTNERS w/ _____, I WANTED TO MURDER HIM" - 8th grade girls</p>	<p>ORGANIZE STUDENTS</p> <ul style="list-style-type: none"> EXPLAIN MIXED DOUBLES ↳ attitude respect sit w/ your partner get to know/introduce <p>REVIEW ROTATION</p>	<p>GAME ORGANIZATION</p> <p>"</p> <p>2/15</p>	<p>NOTES PER 2/3:</p> <p>a few eye rolls but overall the girls were good.</p> <p>talked before hand about expectations</p>								

Grade Subject	Grade PER 6 MS Subject SPD / PD	Grade PER 7 MS Subject SPD / PD	Grade PER 8 MS Subject D. MASON
<p>NOTES PER 6: GAVE EXPECTATIONS I liked doing this because later during the class I had the opportunity to refer back</p> <p>NOTES PER 7: MS looking much better than compared to day 1 of speedball</p> <ul style="list-style-type: none"> allow students to get situated then ask for attention "PLEASE TURN + FACE ME" 	"	"	<p>CO-ED SPEEDBALL</p> <p>Expectations, stay on your feet play the game not like animals</p> <p>GOALIES BE ALERT, girl got kicked in the face by a ball not paying attention</p>
<p>NOTES PER 6/7: FIRST time for most playing a racquet sport</p> <ul style="list-style-type: none"> GAVE LOTS OF VISUAL EXAMPLES CIRCULATED FOR ASSISTANCE <ul style="list-style-type: none"> → scoring → rotating servers → form <p>Overall did well - all seemed to have good attitudes about the activity.</p>	"	"	<p>CO-ED PICKLEBALL</p> <p>INTRO TO CLASS</p> <p>went well, got a new whistle for valentines day. Gotta practice!</p> <p>Also, be aware of my BODY POSITIONING. I thought in other demonstrations teachers did this, but because im young I need to be SUPER AWARE.</p>
<p>NOTES PER 6/7: Did well getting attention.</p> <ul style="list-style-type: none"> CIRCULATION GOES A LONG WAY middle schoolers did well girls will need to go over scoring tomorrow. They don't seem to understand <p>Jon Bagster - BIAH! Isabella - are you okay? Emily H - SHORT shorts. Summer - get comfortable</p>	<p>* USE ANOTHER EXAMPLE OF WHO SERVES / WHO EARNS THE POINT</p> <p>Visual</p>	"	<p>CO-ED PICKLEBALL</p> <p>CONTINUE TO WORK ON MY WHISTLE</p> <p>BE SURE STUDENTS ARE PLAYING BY THE RULES OF GAME</p> <ul style="list-style-type: none"> Give positive + constructive feedback if students have a question first ask teammates then teacher
<p>NOTES PER 6: I was a little confused about the rotation at first but it worked out well</p>	<p>INTRO PICKLEBALL HANDOUTS <u>Take One!</u></p> <ul style="list-style-type: none"> Reviews / Questions Any questions about anything that has come up over the last 2 days? <p>POSSIBLE ?'s</p> <ul style="list-style-type: none"> → BALL HITS NET / TOUCH GO OVER NET ON THE LINE HOW DO I KNOW WHEN TO SERVE? WHEN CAN AN TEAM SCORE? SIDE-OUT? you were the server now receive. <p>COACH / OFFICIAL * COACH WRITES when not playing - A HIGHLIGHT OR + note</p> <p>NOTES: RETRIEVING OFFICIAL - SPORTSMANSHIP HELPS SCORE + MAKE CALLS</p> <p>ROTATION + CO</p>	<p>HALF GYM ORGANIZATION</p> <p>* Coaching Structure</p> <p>Team A, B, C, D, E (top row) Team I, H, G, F (bottom row)</p> <p>Service from HUSKIES</p>	<p>PICKLEBALL</p> <p>NO MR. MASON</p> <ul style="list-style-type: none"> Students pick own partners write name down if I have any trouble [DETENTION] <p>Boys were good - LOUD but they always are</p> <ul style="list-style-type: none"> → NO SERVING OVERHAND → C'MON, PUT SOME SPIN ON THE BALL
<p>NOTES PER 6/7: Discussion alone w/ girls + again w/ the boys</p> <p>REVIEWED</p> <p>did well</p> <p>emily hammer - AWESOME worked w/ "TONY"</p> <p>Wahwa - VACATION</p>	"	"	<p>MIXED DOUBLES PICKLEBALL</p> <p>2/16</p>