**Sarah Titus**

*Address: 368 Court Street Apt. 1 , Keene, NH 03431*

*Email* [stitus4@gmail.com](mailto:stitus4@gmail.com)  *Portfolio Website* [www.stitus.weebly.com](http://www.stitus.weebly.com)

*Twitter:* @SMS\_PhysEd *Phone* (603) 505-6680

**TEACHING OBJECTIVE:** Using 21st century teaching strategies to engage, enhance, and empower student learning experiences in a positive, well structured environment.

**EDUCATION:**

Bachelor of Science, Physical Education- Teacher Certification K-12

Keene State College, Keene, NH GPA: 3.0 May 2012

**EDUCATION EXPERIENCE:**

Physical Education Teacher (5-8), South Meadow Middle School, Peterborough, NH July 2012- Present

* Stimulate a culture of high expectations by upholding SHAPE standards and competencies
* Design and implement assessment techniques and tools to foster physical, cognitive, and

emotional development of students in physical activity

* Lead department in district wide curriculum alignment and advised peers on implementation of

curriculum and assessment tools

Student Teaching, Vilas School, Alstead, NH (K-8) Kevin Hicks Spring 2012

* Generate engaging lessons that align with curriculum objectives appropriate to age and skill level
* Effectively increase activity time by implementing structure and streamlining procedures
* Promote healthy choices throughout the schools community through role modeling and discussions

Student Teaching, Monadnock Jr./Sr. High School, Swanzey, NH (7-12) Maureen Kavanagh Spring 2012

* Implement unit plans that align with curriculum objectives
* Assess students based on the National Standards using both formative and summative assessment
* Develop positive student-teacher relationships

**PROFESSIONAL EXPERIENCE:**

Presenter, *Jumping off the cliff together: Testing Authentic Assessment*  November 2015

Keene State College Professional Learning Community 2015-Present

Twitter, Professional Learning Community #PEChat, #PhysEd #Physedagogy #PhysEdSummit                              2013-Present

National Association for Health, Physical Education, Recreation, and Dance, Member 2012-Present

NHAHPERD Annual Conference 2012-Present

ConVal Mentor Program 2012-2014

*All Things PLC Conference*, Dufour, Hartford, CT July 2012

**COACHING EXPERIENCE:**

Boys and Girls Cross-Country/Track & Field Coach, South Meadow Middle School, Peterborough, NH 2015-Present

* Organize, instruct, and supervise 60+ student athletes in regular practice and competition settings
* Foster a team atmosphere where students have the opportunity to develop their passion for the sport
* Organize/Direct/Time multi-team cross-country meets

Acting Head Coach of Men’s and Women’s Cross-Country, Keene State College, Keene, NH 2014-2015

* Work cooperatively with coaching team and athletes to conceptualize team goals
* Coordinate and implement a comprehensive 14 week training plan
* Little East Conference Men’s and Women’s Champions
* #1 New England Public Institution, finishing 6th in DIII New England Cross-Country Regionals

Girls Soccer Coach, South Meadow Middle School, Peterborough, NH 2012-2014

* Develop and encourage characteristics such as self-discipline, determination, and workmanship
* Promote exemplary sporting behavior among student athletes
* Contribute to competitive level competencies while actualizing potential

**RELATABLE EXPERIENCE:**

Orientation Leader, Keene State College, Keene, NH 2011

* Aid first year students to a successful transition to college
* Work with a diverse  group of people with a common goal to build and

strengthen the community

* Encourage students build relationships in an unfamiliar setting

Camp Counselor, Keene Parks & Recreation Summer Playgrounds, Keene, NH 2011

* Collaborate with staff to organize activities for children grades K-8
* Modeled positive role model behavior to campers

Camp Counselor, Keene State College Running Camp, Keene, NH 2009-2014

* Coach and encourage young men and women grades 8-12
* Advocate for campers to learn and become the best athletes they can be
* Assisted organizer and actively supervise campers day and night

Camp Counselor, Greater Derry, Running Camp, Derry, NH 2006-Present

* Work with and organize activities for children grade levels 2-8
* Encourage children to participate in all activities by making modifications
* Be a positive role model to campers as well as an effective leader to my group

**CERTIFICATIONS:**

NH EEC Physical Education K-12 2015-2018

CPR/First Aid Certification, *Emergency Care and Safety Institute Course* 2016

Suicide Prevention Course 2012

Defensive Driving Course 2011

**HONORS/AWARDS/SCHOLARSHIPS**:

School Board Chairman’s Award April 2015

Men’s and Women’s Little East Conference Cross-Country Coach of the Year 2015

All-Eastern College Athletic Conference Track & Field 2011-2012

All-New England/All-Alliance/All-Little East Honors Track & Field 2008-2012

All-Little East Honors Cross-Country 2008-2012

**ADDITIONAL ATHLETIC EXPERIENCES**:

United States Pony Clubs, Inc. 2001-2012

Keene State College Women’s Indoor/Outdoor Track & Field Team 2008-2012\*Cpt.

Keene State College Women’s Cross-Country Team                 2008-2011\*Cpt.

Pinkerton Academy Girls Varsity Indoor Track & Field Team 2005-2008\*Cpt.

Pinkerton Academy Girls Varsity Cross-Country Team 2005-2007\*Cpt.

Pinkerton Academy Girls Varsity Lacrosse Team 2005-2008\*Cpt.