

## Tactical Awareness – Off / On – Ball - Skills

Tactical goals and problems	Movements (off-the-ball)	Skills (on-the-ball)	Communication
<b>Passing</b>			
Passing to the open	Moving to space and finding the passing lane	Head-up and seeing the passing lane	Calling for the ball
Passing to space	Anticipate and move	Head-up and lead the runner	Calling where you want the ball
<b>Creating and Using Space</b>			
Balance	Spread out / utilizing the space on the field	Taking the ball to “space” / area with less pressure	Calling for the ball / Calling for help
Move to space	When and where to move	Speed and direction	
<b>Defending</b>			
Defending space	Guarding and marking the opposing team	Clearing the ball from your end	Communicate if you’re covering more than one person / need help
Pressure	Pressuring the ball carrier / Anticipate	Footwork – Athletic Stance / Stick Out	
Winning the ball	Getting into position	Tackling and stealing the ball / Intercepting a pass – <b>have a plan</b>	
<b>Transitions</b>			
Moving from offense to defense	Anticipate / Positioning	Recovery Run / Fast Break	Communicate where the holes are
Support	Supporting position	Timing / Sliding into position	
<b>Starting and Restarting</b>			
Beginning the game	Positioning	Initiating play	Have a plan
Restarts	Supporting positions / Move to open space / Move away from defender	Putting the ball into play / Head up / Quality Pass	Talk