**Quiz: Volleyball Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Block:\_\_\_**

**Section 1:Matching** (**1pt.)** Match the description that fits with the best word. Put the corresponding letter in the space provided.

|  |  |
| --- | --- |
| 1. \_\_\_\_\_\_\_ Bump Pass  2. \_\_\_\_\_\_\_\_ Shank  3. \_\_\_\_\_\_\_\_ Playing Courtesy  4. \_\_\_\_\_\_\_\_\_ Set Pass  5. \_\_\_\_\_\_\_\_\_ Block  6. \_\_\_\_\_\_\_\_ Dig Pass  7. \_\_\_\_\_\_\_\_ V- Platform | A. A defensive play made by using your hands and arms above the net so a spiked ball rebounds onto the opponent’s court.  B. An overhead pass made by contacting the ball above the head with the finger pads.  C. A pass made with the fist of one hand usually on a low hit ball.  D. What is created when in correct position for the bump.  E. A forearm pass made on a low hit ball.  F. A poorly passed ball.  G. The ball should be returned to the serving team by rolling it on the floor under the net. |

**Section 2: Fill In The Blank** (**1pt.)** Fill in the correct word/number in the space provided.

8. **William Morgan** created the game in the city/state of **Holyoke**, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

9. Volleyball was invented in **18**\_\_\_\_\_\_\_ and became an Olympic sport in **19**\_\_\_\_\_\_\_.

10. A team is permitted a maximum of \_\_\_\_\_\_\_\_ hits before the ball is returned over the net to the opponent’s court.

11. An official match usually consists of \_\_\_\_\_\_ out of \_\_\_\_\_\_ games. Games are played to \_\_\_\_\_\_ points and a team must have a \_\_\_\_\_\_ point advantage.

**Section 3: Short Answer** ANSWER THE FOLLOWING QUESTIONS ON THE BACK

**\*\*\*\*\*\*\*\*\*\****Describe your answer in detail. Answer all parts of the question****\*\*\*\*\*\*\*\*\*\*\****

12. The current scoring system was introduced to Volleyball in 1998 in order to make the game *faster-pace.* **NAME the point system** and **EXPLAIN two incidents when a team would score a point. (5 pts)**

13. **Choose a skill**. **Set pass, bump pass,** or **underhand serve**. IMAGINE *you* were teaching that skill to someone who had never played volleyball before. How would you describe the proper technique to them (think from head to toe)? When is this skill performed? **(5 pts)**

BONUS: (1 pt) What is the regulation height for the net? Men \_\_\_\_\_ Women \_\_\_\_\_